

September

Pulaski Senior Center (540)994-8627

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Sign- Up Day 8:30a.m.-5:00p.m.	2
3 Senior Center Closed Labor Day	4	5 Chair Exercises 10:30a.m./ Free Game Day	6 Gentiva Hospice & Pulaski Rehab Bingo at 11:00a.m. Movie at 1:30p.m.	7 Tai Chi 10:30a.m.-11:30a.m./ Free	8 Lunch Bunch Anna's in Narrows 10:00a.m./ \$4.00	9
10 State Farm Bingo 11:00a.m./ Free Movie @ 1:30p.m.	11	12 Chair Exercises 10:30a.m./ Free Game Day	13 Ruritan Bingo and Lunch 11:00a.m./ Free	14 Tai Chi 10:30a.m.-11:30a.m./ Free	15 Libby Hill and Belk's 10:30a.m./\$5.00	16
17 Puzzle Competition 10:30a.m./ Free	18	19 Chair Exercises 10:30a.m./ Free Game Day	20 Bingo at the Center 11:00a.m./ Free Movie at 1:00p.m.	21 Tai Chi 10:30a.m.-11:30a.m./ Free	22 Movie Day and Lunch 11:30a.m./ \$2.00	23
24 Craft Day 10:30a.m./ Free Movie at 1pm	25	26 Chair Exercises 10:30a.m./ Free Game Day	27 Bingo at the Center 11:00a.m./ Free Movie at 1:00p.m.	28 Tai Chi 10:30a.m.-11:30a.m./ Free	29 Libby Hill and Belk's 10:30a.m./ \$5.00	30
			PLEASE SIGN UP FOR ALL EVENTS YOU WILL BE ATTENDING			

