

July

Pulaski Senior Center (540)994-8627

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Sign-up Day 8:30a.m.-5p.m.	2 Chair Exercises 10:30a.m./ Free Games at 12:30p.m.	3 Bingo at the Center 11:00a.m./ Free Movie at 1:00p.m./ Free	4 Happy 4 th Senior Center Closed	5 Senior Center Closed	6
7	8 Checker Competition 11:00a.m./ Free Movie at 1:00p.m.	9 Chair Exercises 10:30a.m./ Free Games at 12:30p.m.	10 Ruritan Bingo and Lunch 11:00a.m./ Free	11 Chair Exercises 10:30a.m./ Free Games at 12:30p.m.	12 Lunch Bunch: Outback 10:30a.m./ \$4.00	13
14	15 Hamrick's & Golden Coral/ 9:00a.m./ \$7.00 for the ride	16 Chair Exercises 10:30a.m./ Free Games at 12:30p.m.	17 Bingo at the Center 11:00a.m./ Free Movie at 1:00p.m.	18 Chair Exercises 10:30a.m./ Free Games at 12:30p.m.	19 Library Craft at the Center 11:00a.m./ Free Movie at 1:00p.m.	20
21	22 Lunch Bunch: Gran Rodeo 10:30a.m./ \$4.00	23 Chair Exercises 10:30a.m./ Free Games at 12:30p.m.	24 Christmas in July Snacks 11:00a.m./ Free Christmas Movie 1p.m.	25 Chair Exercises 10:30a.m./ Free Games at 12:30p.m.	26 Christmas Movies and Lunch 11:30a.m./ \$3.00	27
28	29 Bingo at the Center 11:00a.m./ Free Movie at 1:00p.m.	30 Chair Exercises 10:30a.m./ Free Games at 12:30p.m.	31 Puzzle Competition 10:30a.m./ Free Movie at 1:00p.m.		**Please sign up for everything you plan on attending**	
			July 17 th Bereavement Group 3-4p.m.			